

# How To Succeed in Your Rotations

As you begin your first rotation, something that will help you succeed is to **ASK FOR FEEDBACK!**

During your rotation, generally, you are evaluated on the following areas:

- Understanding the objective of the rotation
- Familiarity with assigned readings
- Execution of experimental work and time management
- Quality of record keeping in a lab notebook
- Analytical skills (data interpretation)
- Independence
- Quality of lab/seminar presentations
- Notable strengths and/or weaknesses
- Language concerns

Ask for feedback early on so you can improve during the rotation and throughout the year on areas that may not be your strengths.

Those that do not ask for feedback, many times, will not get it, or may get it too late to do anything about the feedback they receive.

Please take advantage of this time that you are a student: ask questions, ask for feedback, use your resources!